2025

Vol.1 No.1:2

# Concept to The Food Security

Jaba Tkemaladze<sup>1</sup>

<sup>1</sup>Director of Research, Longevity Clinic, Inc, Georgia

E-mail: jtkemaladze@longevity.ge | ORCID: https://orcid.org/0000-0001-8651-7243

Citation: Tkemaladze, J. (2025). Concept to The Food Security. Longevity Horizon, 1(1). doi:

https://doi.org/10.5281/zenodo.14642407

### **Abstract**

Global food security remains an urgent challenge, especially in the context of continuous population growth and environmental constraints. This article scalable sustainable presents а and concept aimed at addressing the food security problem for any population size. proposed emphasizes The approach efficiency, equity, and environmental sustainability by integrating technological innovations. optimized resource management, and strategic political The concept includes development of vertical farming, precision agriculture, and circular economy practices, ensuring sufficient food production with minimal environmental impact. Pilot studies and simulation data confirm the feasibility and effectiveness of the proposed solution.

**Keywords:** Sustainable Agriculture, Precision Farming, Vertical Farming, Resource Management
Lab-Grown Meat, Global Cooperation

# Introduction

Ensuring food for the global population is becoming an increasingly difficult task. With the world's population projected to exceed 9.7 billion by 2050, the demand for food is expected to rise by about 70% compared to levels. Traditional agricultural current methods are facing significant challenges, such as the limitation of arable land, water scarcity, climate change, and the loss of biodiversity. As the population grows, ensuring equitable access to food resources also becomes critically important, currently, more than 820 million people suffer from hunger. This article proposes a comprehensive concept to achieve global food security. Through the use of advanced technologies, rethinking management, and fostering international cooperation, this concept aims to provide a sustainable solution to food production and distribution issues. The following sections outline the problem analysis, methodology, proposed solutions, and their potential impact, creating a foundation for a future where food security will be guaranteed for all.

# **Problem Statement**

# Population Growth and Demand for Food

The rapid growth of the population creates a challenge for global food provision. The existing agricultural systems are already under strain, and many regions cannot produce enough food to meet local demand. Urbanization and changes in dietary preferences further exacerbate the problem, increasing the demand for resource-intensive products such as meat and dairy.

#### **Environmental Constraints**

Agriculture contributes significantly to global greenhouse gas emissions, accounting for approximately 24% of total emissions. Land degradation, deforestation, and excessive water usage threaten the long-term sustainability of traditional farming methods. Moreover, climate change reduces crop yields and alters agricultural seasons, disproportionately affecting low-income countries.

# Inequality in Distribution and Access

Even in regions with sufficient food production, inequality in its distribution and access remains a major issue. Poor infrastructure, trade barriers, and political instability hinder the movement of food to vulnerable populations. Addressing these challenges is crucial for achieving global food security.

# Methodology

The concept of global food security is developed based on an interdisciplinary approach that combines technological, environmental, and socio-economic perspectives. The methodology includes:

- Data Analysis: Using global data on agriculture and population to identify trends and forecast future needs.
- Pilot Programs: Testing innovative agricultural technologies in controlled environments.
- Stakeholder Engagement: Collaborating with governments, NGOs, the private sector, and local communities.
- Simulation Models: Evaluating the scalability and environmental impact of the proposed solutions.

# **Proposed Solution**

### **Technological Innovations**

# Vertical Farming

Vertical farming uses multi-layered structures and controlled environments for efficient crop production in urban areas. These systems reduce the use of land, water, and pesticides. Integration of renewable energy sources further minimizes the ecological footprint.

# Precision Agriculture

Precision agriculture applies analytical data, drones, and IoT sensors to optimize resource use. These technologies enable farmers to monitor soil conditions, water levels, and crop status in real time,

improving efficiency and yield while reducing waste.

# Lab-Grown Meat and Alternative Proteins

The development of lab-grown meat and alternative plant-based proteins addresses the high resource demands of traditional livestock farming. These innovations provide sustainable and nutritious food options with significantly lower environmental impact.

# Resource Management

#### Circular Economy in Agriculture

Implementing circular economy principles, such as recycling agricultural waste into fertilizers or biofuels, can enhance sustainability. For example, anaerobic digestion processes can convert organic waste into biogas and nutrient-rich compost.

### Water Conservation Techniques

Drip irrigation, rainwater harvesting, and desalination technologies ensure the efficient use of water in agriculture. In arid regions, these methods can significantly improve crop yields.

# **Policy and Cooperation**

# Government Support

Policies play a crucial role in promoting food security by providing subsidies for sustainable practices, investing in agricultural research, and reducing trade barriers.

#### Global Partnership

International cooperation is necessary for sharing technologies, knowledge, and resources. Joint programs can address food shortages in vulnerable regions and promote global trade in food products.

# Results and Analysis

#### Case Studies

Pilot programs in urban vertical farms have demonstrated a reduction in water usage by 70-90% compared to traditional farming. Similarly, precision agriculture initiatives have increased yields by 30%, while reducing the use of fertilizers and pesticides.

### **Environmental Impact**

The transition to alternative proteins and the implementation of circular economy practices significantly reduced have greenhouse gas emissions and resource consumption. **Estimates** suggest widespread adoption of these approaches could cut global agricultural emissions by 40% by 2040.

# **Economic Feasibility**

Initial investments in advanced agricultural technologies are offset by long-term savings through reduced resource use and increased efficiency. Furthermore, these innovations create new jobs in technology-driven agricultural sectors.

### Discussion

# Advantages of the Proposed Solution

Sustainability: Reduced environmental impact through efficient resource use. Scalability: **Applicability** different population sizes and geographical regions. Equity: Improved access to food for vulnerable populations through more efficient distribution systems.

#### Issues and Risks

High Initial Costs: Advanced technologies require significant investment and infrastructure development.

Technology Access: Ensuring access to innovative solutions for low-income regions. Political Barriers: Resistance to change and lack of coordinated international policy.

# **Ethical Aspects**

The transition to lab-grown proteins and high-tech farming raises ethical concerns regarding consumer perception, cultural preferences, and the impact on traditional agricultural communities. Addressing these issues requires public engagement and education.

# Impact on Health and Nutrition

Innovative methods, including the production of alternative proteins, may positively impact health by reducing saturated fat consumption and increasing the intake of proteins and vitamins. However, further research is needed to

ensure the safety and long-term sustainability of these products.

Global food security is an ongoing challenge that transcends borders, cultures, and economic systems. The persistent issue of hunger, malnutrition, and food insecurity is exacerbated by population growth, climate change, and inefficient agricultural practices. Addressing these challenges requires a multifaceted approach, one that includes technological innovation. sustainable resource management, political will, and global cooperation. This section explores the implications of the proposed solutions for achieving food security, the challenges faced in their implementation, and their potential impact on both global health and the environment.

# Technological Innovations and Their Role in Food Security

Technological innovations are central to the future of agriculture and food production. Over the past few decades, advancements in agricultural science and technology have revolutionized food systems, making it possible to produce more food with fewer resources. Precision agriculture, vertical farming, and lab-grown meat are among the most promising technologies that can help meet the growing food demands of a larger global population. However, while these technologies offer substantial potential, their large-scale adoption still faces significant barriers.

# Precision Agriculture

Precision agriculture is the use of advanced technologies like drones, satellite imaging, sensors, and data analytics to monitor and manage agricultural processes. This approach optimizes resource use by

providing real-time data on soil conditions, moisture levels, pest infestations, and crop health. Through precision agriculture, farmers can tailor their interventions to the needs of specific plants, reducing the overall use of water, fertilizers, and pesticides. Studies have shown that precision farming can increase crop yields by as much as 30%, while minimizing environmental impact.

However, there are challenges in the widespread adoption of precision agriculture. The cost of implementing these technologies can be prohibitive, particularly for small-scale farmers in developing countries. In addition, access to high-speed internet and reliable electricity, as well as the technical expertise required to operate advanced equipment, remain significant barriers. Despite these challenges. initiatives that provide low-cost technologies and training to smallholder farmers could bridge these gaps, ensuring that the benefits precision agriculture available to those who need them most.

### **Vertical Farming**

Vertical farming is an innovative approach to agriculture that utilizes multi-story structures to grow crops in controlled environments. By stacking layers of crops, vertical farming can significantly increase the amount of food produced per square foot of land, making it ideal for urban areas where space is limited. These systems use hydroponics or aeroponics to grow crops without soil, and they rely on controlled lighting, temperature, and humidity to optimize growth. Vertical farming is resource-efficient, using up to 90% less water than traditional agriculture and reducing the need for pesticides and herbicides.

While vertical farming holds promise for sustainable urban food production, scalability remains a concern. The initial setup costs for vertical farms can be high, and the reliance on artificial lighting and climate control systems can lead to significant energy consumption. Nevertheless. advances in renewable energy and energy-efficient technologies can help mitigate these concerns. In the long term, as urban populations continue to grow, vertical farming could play a key role in reducing the carbon footprint of food production bringing it closer bν consumers.

#### Lab-Grown Meat

Lab-grown meat, also known as cultured or cell-based meat, is produced by cultivating animal cells in a laboratory environment rather than raising livestock. This innovation has the potential to revolutionize the meat industry by providing a more sustainable alternative to traditional livestock farming. Lab-grown meat requires significantly fewer resources—such as land, water, feed—compared to conventional meat production. It also eliminates the need for antibiotics and growth hormones, reducing environmental the and health associated with industrial animal agriculture.

the commercialization of However, lab-grown meat faces several hurdles. including production costs high regulatory challenges. As the technology matures and economies of scale are achieved, prices are expected to drop, making cultured meat more accessible to consumers. Moreover, as consumer acceptance of lab-grown meat grows, its market share may increase, contributing to the diversification of protein sources and

reducing the environmental impact of meat production.

# Environmental Sustainability and Resource Management

As the world population increases, so does the demand for natural resources, especially water and land. Agriculture, as the largest user of both resources, must adopt more sustainable practices to prevent further environmental degradation. The concept of food security is intricately linked to environmental sustainability, and managing natural resources wisely is key to achieving long-term food security.

#### Water Conservation

Water is a finite resource, and the agricultural sector is the largest consumer of freshwater worldwide. With increasing water scarcity in many regions, especially in arid and semi-arid areas, efficient water use in agriculture is critical. Techniques such as drip irrigation, which delivers water directly to the root zones of plants, can significantly reduce water wastage. Additionally, rainwater harvesting and water recycling systems can help mitigate water shortages, providing farmers with a reliable and sustainable water supply.

While these methods are effective, their adoption requires infrastructure investment and technical expertise. In regions where water resources are particularly scarce, such as parts of Africa and the Middle East, international cooperation and investment are essential for providing farmers with the tools and technologies necessary to optimize water use.

### Circular Economy in Agriculture

The principles of the circular economy—reducing waste, reusing resources, and recycling materials—are increasingly being applied to agriculture. In circular food system, agricultural by-products, such as crop residues, food waste, and animal manure, are repurposed to create new value. For example, food waste can be composted to enrich soil, while crop residues can be converted into bioenergy or biofertilizers. This reduces the environmental impact of food production while contributing to soil health and resource conservation.

The circular economy also extends to reducing food loss during the supply chain process. According to the Food and Agriculture Organization (FAO), roughly one-third of all food produced is lost or wasted, contributing to environmental damage and exacerbating food insecurity. By improving storage, transportation, and distribution systems, food waste can be reduced, making the global food system more efficient and equitable.

The achievement of food security is not only technological and environmental challenge but also а political socio-economic one. Addressing food insecurity requires global cooperation, policy innovation, and equitable distribution of resources.

# Government Policies and Support

Governments play a crucial role in ensuring food security by providing incentives for sustainable agricultural practices, investing in agricultural research and development, and implementing policies that address trade barriers, subsidies, and food price volatility. In many developing countries, agricultural policies have traditionally focused on increasing food production without considering the environmental or social implications. A shift toward policies that support sustainable practices, such as agroecology, can help build more resilient food systems.

In addition, public investment in infrastructure — such as irrigation systems, roads, and storage facilities — is essential for improving the efficiency and stability of food systems, particularly in rural areas where smallholder farmers often face logistical and economic challenges.

#### **International Cooperation**

Food security is a global issue that requires collective action. International cooperation through organizations such as the United Nations, the World Trade Organization, and the World Bank is critical for addressing food insecurity, especially in conflict zones or regions affected by natural disasters. By partnerships fostering between governments, NGOs, and the private sector, the global community can share knowledge, resources, and technologies to ensure food security for all. Trade policies that promote fair access to markets and reduce food tariffs can also facilitate the distribution of food across borders, helping to alleviate hunger in regions with food shortages.

Achieving global food security is a complex and multifaceted challenge that requires integrated solutions across technological, environmental, socio-economic, and political domains. While innovations such as precision agriculture, vertical farming, and lab-grown meat offer promising solutions, their implementation must be supported by sustainable resource management and

strong governmental policies. Moreover, international collaboration is essential to addressing the systemic issues that contribute to hunger and malnutrition worldwide.

As we move toward a future with an increasingly globalized and interconnected world, it is imperative that we recognize food security as a shared responsibility. Only through collective action, innovation, and commitment to sustainability can we ensure that all people have access to nutritious, safe, and affordable food. By leveraging technological advancements and rethinking how we produce and distribute food, we can build a more resilient and equitable global food system for generations to come.

# Space Agriculture: Transition to Orbital Stations

# Space Farming: Necessity and Prospects

At the current stage of human development, the task is not only to increase the efficiency of agriculture on Earth but also to move it into outer space. The constantly growing population, limited planetary resources, and the effects of climate change require the search for alternative solutions. Orbital stations the size of India provide an opportunity to create closed environmental control systems, making them an ideal development platform for the of next-generation agriculture.

# Environmental Control Technologies

Orbital stations enable the creation of fully autonomous life-support systems where environmental factors (light, temperature, humidity, atmospheric composition) can be strictly controlled. This eliminates the impact of unpredictable weather conditions, pests, and diseases, which in turn increases crop yields. Additionally, growing crops in microgravity conditions opens up new possibilities for accelerated plant growth, as demonstrated by a series of experiments on the International Space Station.

# Energy Independence and Resource Circulation

Orbital stations can use solar energy, which is much more efficient beyond Earth's atmosphere. This energy can be directed to maintain life support systems, recycle waste, and produce food. Closed-loop water and nutrient recycling systems will minimize resource losses, which is particularly important for long-term missions and space colonization.

# Opportunities for Mass Production

Creating orbital "agropolises" opens up the possibility of growing not only traditional crops but also lab-grown meat, algae, and other innovative food sources. These stations could become centers for food production for Earth and future space settlements. One example is the cultivation system for spirulina and other microalgae, which are rich in protein, vitamins, and minerals.



# **Economics and Social Impact**

The development of space agriculture creates new jobs in high-tech sectors, stimulates scientific research, and reduces humanity's dependence on Earth's resources. Moreover, transferring industrial agriculture to space could reduce the environmental burden on Earth's ecosystems, contributing to the restoration of natural ecosystems.

# Conclusion

Ensuring global food security for an ever-growing population is one of the most pressing challenges facing humanity today. The forecasted increase in the global population, reaching nearly 10 billion by 2050, will result in a sharp rise in demand for food, placing immense pressure on agricultural systems worldwide. This makes it crucial to explore innovative, sustainable, and scalable solutions that can not only meet the growing demand for food but also do so in an environmentally responsible manner. Addressing this complex issue requires multidimensional approach, incorporating technological advances. efficient resource management, and international cooperation. The proposed concept for global food security offers a comprehensive framework that emphasizes the integration of these elements to create a more sustainable and equitable food system.

At the heart of this solution lies the application of cutting-edge technologies that have the potential to revolutionize the way food is produced. Technologies such as vertical farming, precision agriculture, and lab-grown meat represent the future of food production, enabling higher efficiency, lower resource consumption, and minimized environmental impact. Vertical farming, for example, offers a way to grow large quantities of food in urban settings with minimal use of land, water, and pesticides. By utilizing controlled environments and renewable energy sources, these farms not only reduce the strain on natural resources but also ensure that food production can regardless continue of external environmental conditions, such as extreme weather events caused by climate change. Precision farming, on the other hand, leverages data-driven techniques, including drones. IoT sensors. and artificial intelligence, to optimize farming practices. By monitoring soil health, water usage, and crop conditions in real time, precision farming allows for targeted interventions that increase crop yields while reducing waste. This approach maximizes the efficiency of resource use, making farming more productive without further straining the planet's finite resources. The integration of these technologies ensures that food production is not only more efficient but also more sustainable, making them critical components of any long-term strategy for global food security.

In addition to technological advancements in agriculture, the transition to alternative protein sources plays a key role in reducing environmental footprint of food production. Lab-grown meat and plant-based proteins offer viable alternatives to traditional livestock farming, which is a major contributor to greenhouse gas emissions, deforestation, and excessive water consumption. Lab-grown meat. produced through cellular agriculture. provides a sustainable and ethical solution to meet protein demands without the need for raising and slaughtering animals. Similarly, plant-based proteins, derived from crops like soy, peas, and lentils, offer nutritious alternatives with a fraction of the environmental impact of animal-based proteins. The widespread adoption of these alternative protein sources can significantly reduce the agricultural sector's impact on climate change and natural ecosystems.

sustainable Moreover, resource management is critical to ensuring food security in the face of environmental challenges such as climate change, soil degradation, and water scarcity. concept of circular economy principles in agriculture, where waste is minimized and resources are reused, can help build more resilient agricultural systems. By recycling agricultural waste into fertilizers, biogas, and other valuable products, farmers can reduce their dependence on synthetic inputs and lower their environmental impact. Water conservation techniques, such as drip irrigation and rainwater harvesting, are essential in ensuring that water resources are used efficiently in areas where water scarcity is a significant concern. In regions facing chronic droughts, these technologies can help sustain agricultural production and prevent crop failures.

In addition to technological and resource management solutions, international cooperation is indispensable in addressing the global food security challenge. Many countries face significant barriers to food security due to political instability, lack of infrastructure, and economic inequality. Without coordinated global efforts. addressing these challenges will be difficult. if not impossible. Governments, international organizations, and private sector players must work together to create a unified approach to food security that includes knowledge sharing, technological transfer, and the establishment of equitable trade policies. For instance, developed nations can play a pivotal role by providing technological expertise and financial support to developing countries, helping them implement sustainable agricultural practices and improve food production capacities.

Furthermore, global cooperation extends to tackling the root causes of food insecurity, such as poverty, inequality, and conflict. A key aspect of achieving food security is ensuring that food is not only produced in sufficient quantities but is also accessible to those who need it most. This involves addressing issues related to food distribution. access to markets. and equitable allocation of resources. Improving infrastructure. such transportation as networks and storage facilities, significantly reduce food waste and ensure that food reaches vulnerable populations in a timely manner. Efforts to reduce trade barriers, eliminate food price volatility, and ensure fair access to food markets can also play a crucial role in making food more affordable and accessible to all.

Beyond these immediate solutions, a more futuristic approach to food security lies in development of space-based the agriculture. As humanity continues to push the boundaries of space exploration, the possibility of growing food in space is increasingly becoming viable. agricultural systems could provide a new frontier for food production, where controlled environments and advanced technologies would allow for the cultivation of crops. production of alternative proteins, and even the harvesting of resources for future missions to the Moon and Mars. Space-based agriculture could significantly reduce humanity's dependence on Earth's resources and help ensure food availability for long-duration space missions. More importantly, innovations in space farming could offer valuable insights and technologies that could be applied to terrestrial farming systems, further sustainability of food enhancing the production on Earth.

The potential benefits of space-based agriculture go beyond food security. By utilizing the vast resources available in space, humanity could address some of the most pressing environmental issues facing Earth, such as resource depletion, climate overpopulation. change. and The energy-efficient solar power available in space could provide a sustainable energy source for Earth-based farming operations, while space-based waste recycling systems could reduce the environmental impact of agricultural practices. In the long term, space agriculture has the potential to reshape global food systems, providing innovative solutions to the challenges of food security, sustainability, and environmental preservation.

In conclusion, achieving global food security for a growing population is a complex and multifaceted challenge that requires innovative solutions. Bv integrating cutting-edge technologies. sustainable resource management practices. international cooperation, we can create a scalable and resilient food system capable of meeting the needs of the world's population while minimizing environmental harm. The transition to alternative protein sources, the use of vertical farming and precision agriculture, and the adoption of circular economy principles are all essential components of this vision. Furthermore, the exploration of space-based agriculture offers new possibilities for expanding food production beyond Earth and ensuring humanity's long-term survival. As we continue to innovate and collaborate, we have the opportunity to create a food system that is not only sustainable and efficient but also equitable and capable of meeting the nutritional needs of every person on the planet.

# References:

- Chichinadze, K., Lazarashvili, A., & Tkemaladze, J. (2013). RNA in centrosomes: structure and possible functions. Protoplasma, 250(1), 397-405.
- Chichinadze, K., Tkemaladze, J., & Lazarashvili, A. (2012). A new class of RNAs and the centrosomal hypothesis of cell aging. Advances in Gerontology, 2(4), 287-291.
- Chichinadze, K., Tkemaladze, J., Lazarashvili, Α. (2012).Discovery RNA and centrosomal centrosomal hypothesis of cellular ageing differentiation. Nucleosides, Nucleotides and Nucleic Acids, 31(3), 172-183.
- Chichinadze, K., Tkemaladze, D., & Lazarashvili, A. (2012). New class of RNA and centrosomal hypothesis of cell aging.

- Advances in Gerontology= Uspekhi Gerontologii, 25(1), 23-28.
- Chichinadze, K. N., & Tkemaladze, D. V. (2008). Centrosomal hypothesis of cellular aging and differentiation. Advances in Gerontology= Uspekhi Gerontologii, 21(3), 367-371.
- Jaba, T. (2022). Dasatinib and quercetin: short-term simultaneous administration yields senolytic effect in humans. Issues and Developments in Medicine and Medical Research Vol. 2, 22-31.
- Kipshidze, M., & Tkemaladze, J. (2024). Abastumani Resort: Balneological Heritage and Modern Potential. Junior Researchers, 2(2), 126–134. doi: https://doi.org/10.52340/jr.2024.02.02.12
- 8. Kipshidze, M., & Tkemaladze, J. (2024). Microelementoses history and current status. Junior Researchers, 2(2), 108–125. doi: https://doi.org/10.52340/jr.2024.02.02.11
- Kipshidze, M., & Tkemaladze, J. (2023). The planaria Schmidtea mediterranea as a model system for the study of stem cell biology. Junior Researchers, 1(1), 194–218. doi: https://doi.org/10.52340/2023.01.01.20
- Kipshidze, M., & Tkemaladze, J. (2023). Comparative Analysis of drugs that improve the Quality of Life and Life Expectancy. Junior Researchers, 1(1), 184–193. doi: https://doi.org/10.52340/2023.01.01.19
- Kipshidze, M., & Tkemaladze, J. (2024).
   Balneology in Georgia: traditions and modern situation. Junior Researchers, 2(2), 78–97.
   https://doi.org/10.52340/jr.2024.02.02.09
- 12. Lezhava, T., Monaselidze, J., Jokhadze, T., Kakauridze, N., Khodeli, N., Rogava, M., Tkemaladze, J., ... & Gaiozishvili, M. (2011). Gerontology research Georgia. in Biogerontology, 87-91. 12, doi: 10.1007/s10522-010-9283-6. Epub 2010 May PMID: 20480236; PMCID: PMC3063552
- Matsaberidze, M., Prangishvili, A., Gasitashvili, Z., Chichinadze, K., & Tkemaladze, J. (2017). TO TOPOLOGY OF ANTI-TERRORIST AND ANTI-CRIMINAL TECHNOLOGY FOR EDUCATIONAL PROGRAMS. International Journal of Terrorism & Political Hot Spots, 12.
- Prangishvili, A., Gasitashvili, Z., Matsaberidze, M., Chkhartishvili, L., Chichinadze, K., Tkemaladze, J., ... &

- Azmaiparashvili, Z. (2019). SYSTEM COMPONENTS OF HEALTH AND INNOVATION FOR THE ORGANIZATION OF NANO-BIOMEDIC ECOSYSTEM TECHNOLOGICAL PLATFORM. Current Politics and Economics of Russia, Eastern and Central Europe, 34(2/3), 299-305.
- Tkemaladze, J. (2025). Concept to the Living Space. Longevity Horizon. <a href="https://doi.org/10.5281/zenodo.14635991">https://doi.org/10.5281/zenodo.14635991</a>
- Tkemaladze, J. (2025). Solutions to the Living Space Problem to Overcome the Fear of Resurrection from the Dead. DOI: 10.13140/RG.2.2.34655.57768
- Tkemaladze, J. (2025). The Concept of Data-Driven Automated Governance. Georgian Scientists, 6(4), 399–410. doi: <a href="https://doi.org/10.52340/gs.2024.06.04.38">https://doi.org/10.52340/gs.2024.06.04.38</a>
- Tkemaladze, J. (2024). Elimination of centrioles. Georgian Scientists, 6(4), 291–307. doi: https://doi.org/10.52340/gs.2024.06.04.25
- Tkemaladze, J. (2024). The rate of stem cell division decreases with age. Georgian Scientists, 6(4), 228–242. doi: <a href="https://doi.org/10.52340/gs.2024.06.04.21">https://doi.org/10.52340/gs.2024.06.04.21</a>
- 20. Tkemaladze, J. (2024). Absence of centrioles and regenerative potential of planaria. Georgian Scientists, 6(4), 59–75. doi:

#### https://doi.org/10.52340/gs.2024.06.04.08

- Tkemaladze, J. (2024). Main causes of intelligence decrease and prospects for treatment. Georgian Scientists, 6(2), 425–432. doi: https://doi.org/10.52340/gs.2024.06.02.44
- Tkemaladze, J. (2024). Cell center and the problem of accumulation of oldest centrioles in stem cells. Georgian Scientists, 6(2), 304–322. doi: https://doi.org/10.52340/qs.2024.06.02.32
- Tkemaladze, J., & Samanishvili, T. (2024).
   Mineral ice cream improves recovery of muscle functions after exercise. Georgian Scientists, 6(2), 36–50. doi: https://doi.org/10.52340/gs.2024.06.02.04
- 24. Tkemaladze J. Editorial: Molecular mechanism of ageing and therapeutic advances through targeting glycative and oxidative stress. Front Pharmacol. 2024 Mar 6;14:1324446. doi: 10.3389/fphar.2023.1324446. PMID: 38510429; PMCID: PMC10953819.

- Tkemaladze, Jaba and Kipshidze, Mariam, Regeneration Potential of the Schmidtea Mediterranea CIW4 Planarian. Available at SSRN: <a href="https://ssrn.com/abstract=4633202">http://dx.doi.org/10.2139/ssrn.4633202</a>
- Tkemaladze, J. (2023). Is the selective accumulation of oldest centrioles in stem cells the main cause of organism ageing?. Georgian Scientists, 5(3), 216–235. doi: <a href="https://doi.org/10.52340/2023.05.03.22">https://doi.org/10.52340/2023.05.03.22</a>
- 27. Tkemaladze, J. (2023). Cross-senolytic effects of dasatinib and quercetin in humans. Georgian Scientists, 5(3), 138–152. doi: https://doi.org/10.52340/2023.05.03.15
- Tkemaladze, J. (2023). Structure and possible functions of centriolar RNA with reference to the centriolar hypothesis of differentiation and replicative senescence. Junior Researchers, 1(1), 156–170. doi: <a href="https://doi.org/10.52340/2023.01.01.17">https://doi.org/10.52340/2023.01.01.17</a>
- Tkemaladze, J. (2023). The centriolar hypothesis of differentiation and replicative senescence. Junior Researchers, 1(1), 123–141. doi: https://doi.org/10.52340/2023.01.01.15
- Tkemaladze, J. (2023). Reduction, proliferation, and differentiation defects of stem cells over time: a consequence of selective accumulation of old centrioles in the stem cells?. Molecular Biology Reports, 50(3), 2751-2761.
- Tkemaladze, J. (2023). Long-Term Differences between Regenerations of Head and Tail Fragments in Schmidtea Mediterranea Ciw4. Available at SSRN 4257823.
- 32. Tkemaladze, J., & Apkhazava, D. (2019). Dasatinib and quercetin: short-term simultaneous administration improves physical capacity in human. J Biomedical Sci, 8(3), 3.
- Tkemaladze, J., Tavartkiladze, A., & Chichinadze, K. (2012). Programming and Implementation of Age-Related Changes. In Senescence. IntechOpen.
- 34. Tkemaladze, J., & Chichinadze, K. (2010). Centriole, differentiation, and senescence. Rejuvenation research, 13(2-3), 339-342.
- Tkemaladze, J. V., & Chichinadze, K. N. (2005). Centriolar mechanisms of differentiation and replicative aging of higher animal cells. Biochemistry (Moscow), 70, 1288-1303.

 Tkemaladze, J., & Chichinadze, K. (2005). Potential role of centrioles in determining the morphogenetic status of animal somatic cells. Cell biology international, 29(5), 370-374.